

August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12 First Day of Preseason 6-9 AM	13 Practice 8-10:30 AM	14 Practice 8-10:30 AM	15 Practice 8-10:30 AM	16 Practice 8-10:30 AM Team Bonding after practice	17
18	19 Practice 8-10:30 AM	20 Scrimmage vs Mt. Carmel 3:15 Varsity 4:30 JV	21 Practice 8-10:30 AM	22 Scrimmage vs Serra 3:15 Varsity 4:30 JV	23	24
25	26 Practice 8-11 AM	27 First Day of School - No Practice	28 Practice 6-7:15 AM	29 Practice 6-7:15 AM	30	31

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 NO SCHOOL Practice 8-10 AM	3 @ San Pasqual 3:30 Varsity 4:45 JV	4 Practice 6-7:15 AM	5 @ Patrick Henry 5:30 JV 7:00 Varsity	6	7 @ Serra JV Tournament TBD
8	9 Practice 6-8 PM	10 @ Serra 3:15 Varsity 4:30 JV	11 @ Westview 5:45 JV 7:00 Varsity	12 Practice 6-7:15 AM	13 Practice 6-7:15 AM	14 @ Serra Varsity Tournament TBD
15	16 Practice 6-8 PM	17 Rancho Bernado 3:30 Varsity 4:45 JV	18 Practice 6-7:15 AM	19 @ Cathedral 4:00 Varsity 5:15 JV	20	21 @ Serra Varsity Tournament TBD
22	23 Practice 6-8 PM	24 Practice 6-7:15 AM	25 RBV 3:15 Varsity 4:30 JV	26 Practice 6-7:15 AM	27 Mission Hills 3:30 Varsity 4:45 JV	28
29	30 Practice 6-8 PM					

October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 @ Scripps Ranch 3:15 Varsity 4:30 JV	2 @ LCC 3:15 JV 4:30 Varsity	3 Practice 6-7:15 AM	4 @ San Marcos 3:15 JV 4:30 Varsity	5
6	7 Point Loma 4:30 Varsity 5:45 JV	8	9 Practice 6-7:15 AM	10 Practice 6-7:15 AM	11	12
13	14 Practice 6-8 PM	15 Practice 6-7:15 AM	16 @ CCA 4:00 JV 5:30 Varsity	17 Practice 6-7:15 AM	18 LCC 3:15 Varsity 4:30 JV	19
20	21 Practice 6-8 PM	22 Practice 6-7:15 AM	23 San Marcos 3:30 Varsity 4:45 JV	24 Practice 6-7:15 AM	25 @ Mission Hills 4:30 JV 5:45 Varsity	26
27	28 Fallbrook 4:45 JV 3:30 Varsity	29	30 Practice 6-7:15 AM	31 Practice 6-7:15 AM		

November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Practice 6-8 PM	5 CCA - Senior Game 3:30 Varsity 5:00 JV	6	7	8	9 Playoffs
10	11	12 Playoffs	13	14 Playoffs	15	16 Playoffs
17	18	19	20	21	22	23